

Jesse Sparks III, MA, LMHC, NCC, CAP

Licensed Mental Health Counselor

Certified Addictions Professional

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Education

Master of Arts (Clinical Mental Health Counseling), 2007
Rollins College, Winter Park, FL (CACREP Accredited)
-Graduated with Honors

Bachelor of Arts, 1992
Rollins College, Winter Park, FL
-President's List 1991-92

Licenses and Certifications

Licensed Mental Health Counselor, FL #MH9947
Nationally Board Certified Counselor, NBCC
Certified Addictions Professional, FL Certification Board

Professional Clinical Experience

Private Practitioner– Winter Park, FL 2007- Present
Therapist
Managing owner/director of incorporated independent practice focusing on individual psychotherapy, couples counseling and consulting services.

Renaissance Healthcare/Pasadena Villa- Orlando, FL 2006-Present
Contract Chemical Dependency Counselor/Psychiatric Counselor
Counsels clients diagnosed with chronic mental illness and addictive disorders in individual and group formats. Facilitates ongoing psychotherapy and psycho-educational groups on issues including substance abuse, life skills, medication management and effective coping strategies with an emphasis on interpersonal and experiential dynamics in here-and-now process. Hired upon completion of practicum, May 2006.

Choices-Changes Counseling and Consulting, LLC. -Sanford FL 2007-2010
Fee-for-service Therapist
Conducted individual, group and family psychotherapy and counseling. Responsible for intake, assessment and treatment planning from initial contact through termination of services.

Greenhouse Family Counseling Center- Orlando, FL 2006-2007
Master's Mental Health Counselor Intern
Conducted individual, family and couples psychotherapy in a culturally diverse community setting that deals with a broad spectrum of complex client issues including multi-axial assessment and diagnosis, chronic depression, domestic violence, suicidal crisis intervention, chemical dependency, family reunification, trauma, grief and loss among others.

Transitional Living and Learning Center- Orlando, FL 2006
Master's Practicum Counselor
Counseled individuals diagnosed with long-term severe mental illness post-treatment in a transitional and supportive role through stages of reintegration. Maintained client progress documentation including completion of psychosocial assessments and treatment planning.

Act Center, Inc.– Orlando, FL 2004-2006
Outpatient Substance Abuse Counselor
Performed one-on-one and group counseling and assessment for court mandated multicultural populations with a focus on substance abuse and legal issues. Responsible for designing, implementing and monitoring ASAM specific

treatment plans with moderate to long-term outpatient care guidelines. Addressed client populations struggling with issues of chronic relapse.

Center for Drug-Free Living, Inc., Adolescent Residential Campus– Orlando, FL 2003

Behavior Specialist/Youth Counselor

Managed treatment plan implementation for clients in a direct care adolescent substance abuse treatment facility. Planned and conducted therapeutic recovery groups. Implemented 12-Step recovery processes within treatment milieu. Counseled clients individually in behavior and addictions related issues.

- ◆ Crisis intervention/stabilization.
- ◆ ROPES certified

Teaching Experience

Valencia College, Orlando, FL

2010-2012

Adjunct Professor, Social Sciences/Psychology

Human Sexuality

Theoretical Orientation

An eclectic approach utilizing elements from Psychodynamic, Client-Centered, Rational Emotive Behavioral and Solution Focused Brief Therapies. Authored a personal theory of counseling entitled Abstract-Directive Therapy during the practicum and internship phases of graduate study.

Areas of Special Interest

Addictive and other compulsive disorders, sexual addiction, adolescent issues, depression, grief and loss, family systems, sexual identity concerns, anxiety/fear and multicultural issues in counseling.

Current and past professional affiliations

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|---|-----------------|
| American Counseling Association (ACA), full professional member | 2004 to present |
| Mental Health Counselors of Central Florida, full professional member | 2011 to present |
| Association for Specialists in Group Work | 2005 |

Academic Awards

Member Psi Chi National Honors Society in Psychology, Inducted 2005
President's list for academic excellence, Rollins College